



PUSH YOURSELF FURTHER IN 2023

100KM

50KM

25KM

10KM



WINTER WALK
28/29 Jan

EASTER 50
ULTRA CHALLENGE
1 April

ISLE OF WIGHT
ULTRA CHALLENGE
29/30 April

JURASSIC COAST
ULTRA CHALLENGE
13/14 May

LONDON BRIGHTON 2
ULTRA CHALLENGE
27/28 May

LAKE DISTRICT
ULTRA CHALLENGE
10/11 June

COTSWOLD WAY
ULTRA CHALLENGE
24/25 June

PEAK DISTRICT
ULTRA CHALLENGE
8/9 July

NORTH DOWNS 50
ULTRA CHALLENGE
22 July

SOUTH WEST COAST 50
ULTRA CHALLENGE
5 August

SOUTH COAST
ULTRA CHALLENGE
2/3 Sept

THAMES BRIDGES TREK
9 Sept

THAMES PATHS
ULTRA CHALLENGE
9/10 Sept

CHILTERN 50
ULTRA CHALLENGE
23 Sept

www.ultrachallenge.com

Ultra Challenge Series 2023

WALK, JOG, OR RUN – PUSH YOURSELF FURTHER!

You may be a walker and new to endurance events, or perhaps a marathon runner looking to up the distance; whatever your likely pace, experience level, or age – you'll have 14 fantastic events in the Ultra Challenge Series to choose from – each with its own character, each a real challenge, and all achievable with our support, and your determination. Whether it's setting out in stunning coastal scenery, along a historic towpath, or along trails in England's wonderful countryside – your Challenge will test you on an unforgettable journey.

Most will walk at a pace that suits them, many will jog parts, and some will run the whole course Ultra Marathon style – all will have a special reason to push themselves. Join as an Individual or as a Team, do it for a charity of your choice – or do it just for yourself.

There are full 100km challenges for those who are up for it, with our expert support and hospitality through day & night, and with testing 50km & 25km options also – plus a few 10k taster events available – there's a challenge for everyone! These are high quality events, with marquee rest stops every 10-15km with drinks, snacks & hot food to keep you going – all included! The routes are fully signed (you won't get lost!), you can camp with us on many events, and there's medical & welfare support teams to keep you going!

Taking on an Ultra Challenge will make a real difference to you – and to your charity of choice if you're fundraising. You'll see stunning scenery, meet new friends, discover inner resilience and spirit, and rewarded with an overwhelming sense of achievement as you cross your finishing line. With some training, determination, and our support, anyone can take on an Ultra Challenge!



- **WALK IT!** - At a pace that suits you – 24+ hours
- **RUN IT!** - Ideal event to 'up' your distance
- **JOG IT!** - Run a bit, walk a bit - you choose
- **For a Charity of your choice** - or 'Self Fund' & go for it!
- **Join as an Individual or as a Team**
- **100km, 50km, 25km or 10km options**
- **2 Day 100km 'daylight' option** - 50km / day, rest at half way
- **Marquee Rest Stops every 10-15km**
- **FREE hot meals, drinks & snacks included**
- **Pace walkers, medics, massage, & support vehicles**
- **Fully signed route – pink arrows all the way!**
- **Corporate packages available**
- **Finisher's medal, T shirt, & glass of bubbly!**
- **Optional bus transfers, camping and baggage services**



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London Winter Walk

28 - 29 January 2023

A great event to walk off the Christmas celebrations, and to kick start your New Year fitness regime! There are Full Marathon, Half Marathon & 10km options, starting & finishing at The Oval Cricket Ground on Saturday 28 & Sunday 29 January, and take in highlights of the Thames, its historic bridges, and many of the Capital's key landmarks. Families are welcome, there's a free winter bobble hat & neck buff, rest stops with snacks, with a special medal and hot food at the finish. Whether it's to enjoy an active day out with friends, or to start getting in shape for the year ahead – there's a London Winter Walk for you! Join as an Individual or as a team, and do it for yourself and self-fund, or support one of our Charity Partners.

- Flat 26 & 13 miles looped walks – Oval Cricket Ground start / finish
- 10 KM option available – ideal for families
- Great routes through Central London
- Good train & tube links
- Rest Stops with snacks
- FREE winter bobble hat & neck buff
- Medal & hot food at the finish
- This event is walking only.



For full info, visit www.ultrachallenge.com/london-winter-walk



Easter 50 Challenge

1 April 2023

Take on a 50 km Ultra or a historic 25km – and make it an active Easter! From our Windsor Racecourse base camp 1500 adventurers will head out on looped routes through the Great Park with fantastic views of the Castle, on to Runnymede, along the Thames Path, and takes in some wonderful countryside. You'll get full support all the way, a few post Easter surprises, a celebration finish & medal at basecamp, and a hot meal. It's a great way to kick off the 2023 Ultra Challenge season, and to get in shape for summer

- Full 50 km loop – with 1140 metres ascent
- Windsor Racecourse basecamp
- Follow 'The Great Walk' with epic views of Windsor Castle
- 25km Windsor Loop option
- Highlights include Dorney Lake, Windsor Castle and The Long Walk
- Route takes in Thames Path, and some wonderful countryside
- Plenty of parking & transfers from local stations



For full info, visit www.ultrachallenge.com/easter-challenge/

Isle of Wight Challenge



29 - 30 April 2023

Great challenges need great settings – and few are better than the Island's coastal path. 2,000 or so adventurers will take on the Isle of Wight in April over the bank holiday weekend – with all out to push themselves further. From our start in the south – it's along the spectacular southern cliffs, past the iconic Needles, and up to Cowes at half way. For Full Island challengers it's through the resorts of Sandown & Shanklin, on to historic Ventnor, and back to our welcome basecamp in Chale after an epic 106km journey. You'll get full support & hospitality all the way, and with half & quarter Island options also – there's

an amazing Isle of Wight Challenge for everyone in 2023!

- 106km Full Island Challenge – with 2080 metres ascent
- Testing Half & Quarter Island Challenge options also available
- Spectacular scenery; the Needles, white cliffs, sandy beaches
- Starts & finishes at a basecamp in Chale – optional camping available
- Transport options from the Ferry Port
- 2 Day Full Island option – with overnight camp at halfway



For Full info, visit www.ultrachallenge.com/isle-of-wight-challenge

Jurassic Coast Challenge



13 - 14 May 2023

A highlight of the season! Take on the spectacular Jurassic Coast with a start at Corfe Castle, on a great route which loops down to Swanage, then across to Lulworth Cove & Durdle Door, with ups & downs to the Weymouth halfway stop. For 100 km challengers it's along the end of Chesil Beach to West Bay's famous sandstone cliffs (of TV's Broadchurch) with a finish line celebration in vibrant Bridport. You'll get full support & hospitality – and with testing half, marathon, & quarter distance options available – plus a 10km event in Bridport – there's an unforgettable Jurassic Coast Challenge waiting for everyone

- Full 100km Challenge – with 2200 metres of ascent
- Along the famous coastal path – Corfe Castle to Bridport
- Testing half & quarter options also available – and The Bridport 10K
- Optional pre challenge camping & bus transfers
- Dramatic cliffs, steep climbs, harbours, bays & beaches
- Durdle Door & Lulworth Cove, Weymouth & Chesil Beach
- Take on the Full Challenge over 2 Days – optional camping at halfway



For full info, visit www.ultrachallenge.com/jurassic-coast-challenge

London 2 Brighton Challenge



27 - 28 May 2023

The original; the classic, and a must do! The London 2 Brighton Challenge will be in its 11th year and once again 2,000 or so adventurers of all experience levels and ages will take on this iconic route from Capital to Coast, testing their grit and determination. It's a Richmond start by the Thames, before heading over the North Downs and through some wonderful Surrey & Sussex countryside. The final climb over the South Downs is rewarded with a welcome view of the Brighton coastline, as you descend to a huge celebration finish at the racecourse.

- Full 100km route – Capital to Coast with ~1600 metres ascent
- Richmond start – and a 66% of route off road
- Trails, paths, road & climbs – mix of terrain
- Half & Quarter Challenge options also available
- 2 Day 'daylight' 100km Challenge option – with overnight camp at halfway
- Brighton Racecourse finish



For full info, visit www.ultrachallenge.com/london-2-brighton-challenge



Lake District Challenge



10 - 11 June 2023

Join the Lake District Challenge and take on England's finest countryside at your pace. Test yourself on a fantastic Ultra Challenge – suitable for all experience levels – and you'll get the best support & hospitality all the way. Our Challenge basecamp is in Kendal. From there, for the full 100km challenge, it's an anticlockwise loop taking in a couple of tough hills, Ambleside, a half way point by Lake Windermere, forests, and nature reserves – with some stunning views enroute – before a huge welcome and celebration back at Kendal after a momentous journey.

- 100km Full Challenge – Kendal loop with ~2500 metres ascent
- Pre challenge camping option at basecamp
- 2 day 100km 'daylight' option with halfway camping
- Testing Half & Quarter options also available
- Fantastic Ambleside 10K option on Saturday morning
- Through Lake District National Park
- 8 covered rest stops – with free food & drink
- Kendal Base Camp



For full info, visit www.ultrachallenge.com/lake-district-challenge

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Cotswold Way Challenge



24 - 25 June 2023

The Cotswold Way provides a stunning setting for this testing challenge – with some fantastic views en route and tough hills in between! Don't be fooled by its idyllic outward appearance, this Challenge is a real one! You'll start at our basecamp in Cirencester, and ahead lies 100km of footpaths and trails. With every grit-testing climb, there will be the reward of a stunning view and plenty of support to keep you going right to the end.

- Full 100km loop from Cirencester – with 2,250m metres ascent
- Testing Half & Quarter distance options available
- Full 100km 'daylight' Challenge over 2 Days – optional camping at halfway
- University accommodation available at Cirencester basecamp
- Along the Cotswold Way – stunning panoramic views



For full info, visit www.ultrachallenge.com/cotswold-way-challenge

Peak District Challenge



8 - 9 July 2023

Early July will welcome 2,000 or so adventurers into the fabulous Peak District National Park. With a major basecamp set-up in idyllic Bakewell. The full 100km Challenge takes a tough and varied figure of 8 route through Derbyshire's finest scenery passing Chatsworth House, viaducts, country estates, and high & low Dales, before returning back to Bakewell for a fantastic finish line celebration.

- Full 100km Challenge from Bakewell basecamp – with 2450 metres ascent
- Figure of 8 route – Bakewell start / halfway / finish
- Testing Half, Quarter and 10 mile options also available
- Through Peak District National Park
- Camping options at Bakewell basecamp
- Take on the Full Challenge over 2 days – optional halfway camping



For full info, visit www.ultrachallenge.com/peak-district-challenge

North Downs 50 Challenge



22 July 2023

We are excited to be bringing back the 'North Downs 50' for 2023 – with a start & finish basecamp venue in Guildford. The full 50km route takes in some of the best of the North Downs & Surrey Hills, with some sharp climbs & magnificent views to the south over countryside. Join us for this summer challenge – it's only a short train ride from the Capital, we'll have plenty of parking, and accommodation options also.

- Full 50km – with 850 metres ascent.
- 25km option available also
- Looped routes from Guildford
- Accommodation options at basecamp
- Fully supported with rest stops & free food and drink



For full info, visit www.ultrachallenge.com/north-downs-50

South West Coast 50 Challenge



5 August 2023

The South West Coast 50 Challenge takes in the initial section of the stunning & famous 630 mile Coastal Path, which officially starts in Minehead, and close to our basecamp in the shadows of the impressive Dunster Castle. Then the 50 km loop heads over Exmoor with ups & downs and some magnificent views. You'll get full support all the way, a finish line celebration, and with 25km & 10km options also along with camping packages and festival style hospitality at basecamp across the weekend – there's a South West Coast 50 Challenge for everyone!

- Tough 50km looped routes – with 1670 metres ascent
- Fantastic 25km & 10km loop options
- Basecamp in fields beneath Dunster Castle
- Camping packages available
- Rest stops every 12.5km – with free food & drink



For full info, visit www.ultrachallenge.com/sw-coast-50

South Coast Challenge



2 - 3 September 2023

Take on some of England's finest scenery as a Walk, Jog, or even a Run! It's an Eastbourne start, up Beachy Head, over the magnificent Seven Sisters, and along the South Downs Way with stunning views over the sea to a Brighton mid-point. Devil's Dyke, welcome rest stops, ups & downs all lie ahead before historic Arundel comes into view after an amazing 100km journey that you'll never forget. With half and quarter Challenge options – there really is something for everyone.

- Full 100km route – with 2170 metres ascent
- Eastbourne to Arundel – Brighton half way
- Iconic coastal route – Seven Sisters, South Downs & Devil's Dyke
- Testing Half & Quarter Challenge options available also
- Take on the Full Challenge over 2 days – optional halfway camping
- Camping packages available at Eastbourne start



For full info, visit www.ultrachallenge.com/south-coast-challenge



Thames Bridges Trek



9 September 2023

Join 3,000 trekkers as we venture across the Capital taking in unrivalled views of the skyline from its best vantage points. Setting out from Putney Bridge – we head East towards the City, zigzagging over the array of historic bridges – each with its own fascinating story – and a mid-point rest stop with snacks & drinks. 25km later, it's a finish line celebration in Southwark Park past the majestic Tower Bridge – with a medal, glass of fizz and a buffet style picnic lunch.

- A flat 25km across 16 of London's iconic bridges
- Ideal 1st Ultra Challenge
- Following the Thames Path through Central London
- Mid-point stop en route – refuel on snacks & drinks
- Buffet lunch at the finish line & celebration!
- Friday evening 'Moonlight Walk' option also – 10km or 10 miles



For full info, visit www.ultrachallenge.com/thames-bridges-trek

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Thames Path Challenge

9 - 10 September 2023

Take on the Thames Path Challenge following England's greatest river with up to 3,000 Challengers. Our full 100km route heads upstream from Putney Bridge past Hampton Court to Runnymede of Magna Carta fame at the 50km halfway stop – then on through Windsor & Eton and past wonderful scenery all the way to Henley. Choose from the Full 100km, either half, or any quarter section – and you'll have a special challenge by the Thames!

- Take on the full 100km – Putney Bridge to Henley – just 350 metres ascent!
- It's pretty flat – so ideal as a first full Ultra Challenge!
- 50km & 25km options also along the Thames Path
- Take on the Full Challenge over 2 days – optional halfway camping
- Also the Henley 10k event on Sunday by the Thames



For full info, visit www.ultrachallenge.com/thames-path-challenge



Chiltern 50 Challenge

23 September 2023

This end of season 50km looped route covers some of the best of the Chilterns countryside. You can Walk, Jog, or Run along historic trails and over rolling hills. Starting & finishing at our basecamp in Henley-on-Thames, there's a Saturday night celebration BBQ & entertainment with camping options. Passing through nature reserves, forests, and hills with great views – it's a route with real variety, and some wonderful scenery – and it's all easily accessible from London. With 25km and 10km options – there's a Chiltern Challenge here for everyone!

- Henley showground basecamp
- 50km loop full challenge with 920 metres ascent
- 25km and 10km challenge options
- 4 covered rest stops
- Free food & drink + entertainment & bar



For full info, visit www.ultrachallenge.com/chiltern-50-challenge



How to Join

THERE ARE 3 PAYMENT OPTIONS – choose what suits your budget & fundraising intentions:

Option 1 CHARITY SPONSORSHIP

Pay a low registration fee & do 'lots' of fundraising for a chosen charity. The charity covers your event place cost.

Option 2 MIXED FUNDING

Lower charity fundraising target – and you pay half the Self Fund cost (and the charity pays half).

Option 3 SELF FUNDING

You pay full event place cost when you register. No fundraising required, but you can if you wish to!

Distance	Charity payment options	Registration Fee	Fundraising target	Charity Fee Invoiced prior to the event	Self Funding option
Full (100km)	Full Sponsorship	£45.00	£595	£195	£198
	Mixed funding	£110.00	£330	£110	
Half (50km)	Full Sponsorship	£25.00	£395	£130	£129
	Mixed funding	£72.50	£218	£72.50	
Quarter (25km)	Full Sponsorship	£15.00	£250	£80	£79
	Mixed funding	£45.00	£135	£45	

DISCOUNTS

Multi-Deal

SAVE 20% OFF the 'Self Funding' prices by booking just 2 events – and over 30% OFF if you're up for a busy season! Also new for 2023 is a PAYMENT PLAN option – meaning you can spread the cost of your Multi Deal. Visit the website for more information.

Charity Sponsorship

Choose from 300+ Charities. Save ££'s with 'Partner Charities' – and get up 50% off normal the reg fee. Visit the website for more information.

500+ Charities involved



We add new charities every day – so why not sign up and nominate your chosen cause on the registration form and we can get back to you to confirm when you can start fundraising!



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