

## Gambling self-exclusion form

Please complete all the fields below.

We are aware that supporters, for personal reasons, may wish to exclude themselves from the Julia's House weekly lottery and raffle.

Please complete the form below and send it back to Julia's House.

I request that I am excluded from the Julia's House weekly lottery and raffle with immediate effect for a minimum period of 6 months, until I contact again to notify you otherwise.

Title:
First Name:
Surname:
Address:
Postcode:
Email Address:
Date of Birth:
I confirm I have read Julia's House self-exclusion information and understand the consequences of self-exclusion
Signature
Date
Please return the form to: Julia's House, Ground Floor, Allenview House, Hanham Road, Wimborne, BH21 1AS.

## **Counselling and Support Services**

Are you gambling more than you really want to? If you or a family member feel that you are experiencing problems with gambling, you can seek advice and support from trained counsellors at BeGambleAware by calling the National Gambling Helpline on 0808 8020 133 or visit their website <a href="http://www.BeGambleAware.org">http://www.BeGambleAware.org</a>